



UK Sports Coaching Ltd. formed in December 2010 and for the first year Matt worked alone to help generate business within schools (some of whom still receive provision from us today), as the amount of schools and their use of the provision increased as did the number of staff. This also led to the expansion of the office premise, moving from Matt's garden shed to the spare bedroom to finally, a permanent office space within central Stockport.

Over the last 10 years UKSC has developed strong links with Manchester City Council, Stockport Metropolitan Borough Council, and the High Peak School Sports Partnership. Working within these areas have allowed us to support schools, organise a whole host of events and develop the quality and provision of sport and PE.

What UK Sports Coaching do within schools

UK Sports Coaching deliver the following:

PPA Cover – this is in line with the National

CPD with all aspects being in line with the National Curriculum and the opportunity to introduce new activities within the school.

Before and after school clubs which either support staff within schools or are ran independently by UK Sports Coaching Ltd.

Lunchtime provision which can be tailored to whole year groups, small groups, or training for upcoming events and competitions. This can also be personalised to the school and their individual requirements.

Competitions and events such as Inter-House competitions, sports days, charity events and

fundraising for events within schools or the local community.

PE that is tailored to students who have Special Educational Needs. This can be done through mainstream lessons or in small groups sessions.

Supporting local sports partnerships and helping to close the gap between attainment in PE as students transition from Primary to Secondary school.

How does UK Sports Coaching deliver CPD?

The delivery of CPD is personalised to each individual school. Initial consultations are undertaken either face to face or via email exchange to determine the school's requirements and how they would like the CPD to be undertaken. The CPD follows a six-week plan which sees teachers observe the coach's delivery, then deliver aspects of the session and then in the final week undertake a full observed lesson with the CPD deliverer and the schools PE coordinator.

UKSFC:

UKSFC was established in 2010 and currently has at least one, if not two teams, for young people ranging from U6 to U15 standard. UKSFC was one of the first football teams within the local area to achieve FA Club Charter Standard and this is something that they are enormously proud of.

UK Sports FC has around 100 young people attending football training sessions on a weekly basis at either Chapel-en-le-Frith or Stockport and this takes place across two evenings. The football teams compete in games in either the Stockport Metro, High Peak League on Saturday, or Sunday.

More recently, the UKSFC introduced Wildcats Football as an option for girls to undertake football-based sessions in a fun and safe environment. From September 2020, the Wildcats team will start to train competitively and undertake fixtures within the local area.

Just Dance Academy

The Just Dance academy was established in 2014 and currently runs sessions 6 times a week in both Chapel-eb-le-Frith and Stockport. The JDA is open to girls, boys and adults and they have opportunities to undertake exams through the UKA, national competitions within the UK and to participate in an annual show at a local theatre. The JDA also deliver sessions within schools and are a popular choice.

UK Wellbeing Hub:

The UK Wellbeing Hub is the latest addition to the UKSC business. The UK wellbeing hub offers support to people within the community who may be identify as suffering conditions that can affect their wellbeing. Equally, the hub also delivers sessions within schools and this have been proven to be popular. The sessions within schools allow young people to explore concerns around their wellbeing through the medium of sport.